

**\* PLEASE ARRIVE 15 MINUTES EARLY\***

Phone: (256) 270-9979, Fax: (256) 270-9980

**Appointment Date\*:** \_\_\_\_\_ **Appointment Time:** \_\_\_\_\_

**\* If you must reschedule your appointment, please call (256)270-9979 at least 24 hours in advance.**

*Approximately 5 days before your appointment you will receive a text or email requesting mobile check-in and completion of pre-visit information. Completion of the requested information ahead of your visit will facilitate an efficient check-in process. Thank you in advance!*

**Information about your EMG / NCS study:** Your doctor has ordered a special test called an **EMG / NCS** study. The **EMG** (Electromyogram) and **NCS** (Nerve Conduction Study) test the function of nerves and muscles and can help diagnose the cause of symptoms such as numbness, tingling, pain, and weakness in the limbs.

**How is the study performed?** The electrodiagnostic consultation begins with a focused history and physical examination followed by the NCS and EMG. The NCS involves the application of small electrical impulses to the skin's surface to evaluate individual nerve function. The EMG involves a tiny sterile needle electrode inserted into a muscle to evaluate the muscle and nerve integrity. Dr. Roy will walk you through the test in a step-wise fashion on the day of your consultation and will be available for any questions you may have regarding the test. Your comfort is important to Dr. Roy and her staff at Alabama EMG!

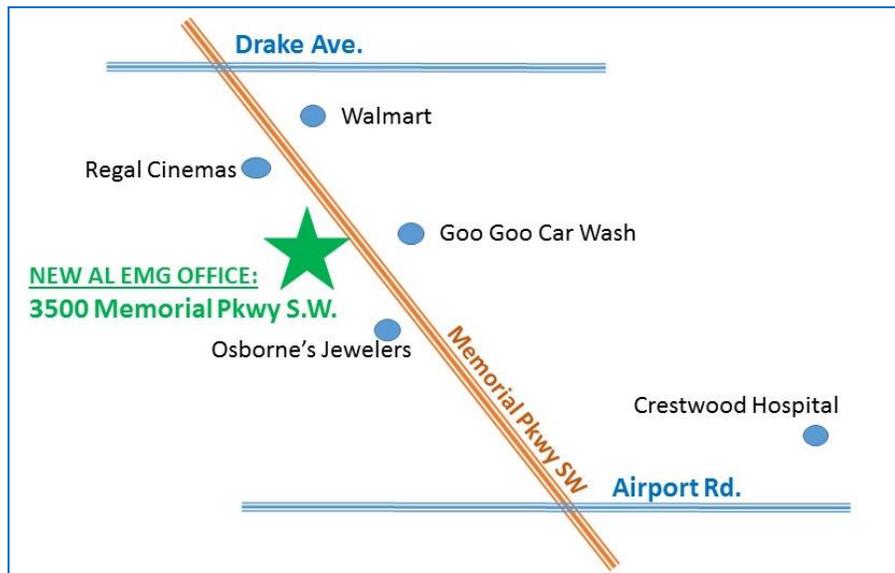
**Who will be performing the EMG/NCS study?** At Alabama EMG, the physician, Dr. Paige Roy, performs all portions of the electrodiagnostic consultation. Dr. Roy does not employ technologists to perform any part of the study.

**How long will the study take?** The EMG/NCS is tailored to each patient, depending upon the complexity of the problem explored. On average, the consultation takes about 60-90 minutes, but can take longer.

### How should I prepare for the study?

Your skin should be clean for testing, so please shower or bathe on the day of the test. *Do not apply cream, lotion, or oil to your skin.* Please avoid wearing excessive jewelry or extremely tight clothing on the day of the test. You do not need to fast prior to your appointment. You can do all of your usual activities before and after the test.

Please bring a list of your medications with you on the day of your visit. On the day of the test, tell Dr. Roy if you are taking any blood thinning medications (such as aspirin) or if you have a bleeding disorder. \*Please note, if you are taking Coumadin (Warfarin) we do require your INR level to be under a certain value in order to proceed with EMG testing. *If you have any questions regarding this, please call Alabama EMG at (256) 270-9979 prior to your appointment for further information.*



**How soon will I find out the results of the study?** Dr. Roy typically can provide you with a general summary of your test results in the office immediately following the consultation. Once complete, Dr. Roy will send the final electrodiagnostic test results to your referring physician so that further decisions can be made regarding your treatment plan.

Please visit [www.AlabamaEMG.com](http://www.AlabamaEMG.com) for additional information